



International Journal of Current Research in Medical Sciences

ISSN: 2454-5716

(A Peer Reviewed, Indexed and Open Access Journal)

www.ijcrims.com



Review Article

Volume 9, Issue 10 -2023

DOI: <http://dx.doi.org/10.22192/ijcrms.2023.09.10.003>

A review article on Sushrutokta Bastivypad.

Dr. Suresh Govind Dahiphale

M.D. Panchakarma, Assistant Professor, Department of Panchakarma.

R.A. Podar Medical (Ayu) College, Worli, Mumbai

Dr. Rutuja Sanjay Nagawade

M.D. Panchakarma, Assistant Professor, Department of Panchakarma.

G.S. Gune Ayurved College, Ahmednagar

Abstract

Panchakarma presents a unique approach of Ayurveda with specially designed five procedures of internal purification of the body through the nearest possible route. Among these, Basti Chikitsa regarded as the prime treatment modality. Acharya Charak described Vyapada of Niruha and Sneha basti which are 12 and 6 in number respectively. Acharya Sushruta told 76 Basi Vyapad. In this article, details of Basti Vyapad according to Acharya Sushrut are described.

Keywords: Sushrut Samhita, Basti Vyapda- Causes, Clinical features, Treatment.

Introduction

The word 'Vyapada' originated from 'The root Vyapad' meaning to fall away, to fall into misfortune. So, the word 'Vyapada' indicates the meanings like destruction, ruin, death or sankatam (Su. Chi.34/1), Anyatha Apatti (Su.Su. 15/2).

Simply 'Vyapada' are the symptoms which are produced other than Samyaka lakshana, causing harm to the patient and increasing the symptoms of the diseases.

Basti vyapad according to Sushrutsamhita-

Sushruta has mentioned 76 types of Basti vyapad. Out of these 44 vyapad are due to 'Vaidyanimitta' (due to fault of physician).15

types are due to Atura(patient).8 types are due to 'Vaidyatura'(both physician and patient).There are again 9 Vyapad(Ayoga,etc.),which are due to 'Vaidyanimitta'. The total list of vyapad is as follows:

Basti pranidhana dosha- It is of six types-

1. Vichalita
2. Vivartita
3. Prashvavapidita
4. Atyutkshipta
5. Avasanna
6. Tiryakkshipta

Basti netra dosha- It is of 11 types-

1. Atisthula
2. Karkasha
3. Avanata
4. Anubhinna
5. Sannikrishta karnik
6. Viprakrishta karnik
7. Sukshma chhidra
8. Atichhidra
9. Atidirgha
10. Atihrasva
11. Asrim

Basti dosha- It is of 5 types-

1. Bahalata
2. Alpata
3. Sacchidrata
4. Prastirnata
5. Durbaddha

Basti pidana dosha- It is of 4 types-

1. Atipidilata
2. Shithila peditata
3. Bhuyo bhuyo avapidana
4. Kalatikrama

Dravyadosha- It is of 11 types-

1. Amata
2. Hinata
3. Atimatrata
4. Atishitata
5. Atyushnata
6. Atitikshnata
7. Atimriduta
8. Atisnigdhatata
9. Atirukshata
10. Atisandrata
11. Atidravata

Shayyadosha- It is of 7 types-

1. Avakshirsha
2. Uchchhirsha
3. Nyubja
4. Uttana
5. Samkuchitadeha

6. Dakshinaparshvashayina
7. Upavishta

Atura nimitta 15 Vyapad- It is due nonobeying of rituals to be done after therapy.

1. Pittaja upadrava
2. Ayasa
3. Shoka
4. Maithun
5. Divanidra
6. Uchchaibhashana
7. Yanabhramana
8. Chirasana
9. Atichamkramana
10. Shitasambhoga
11. Vatasevana
12. Atapa sevana
13. Viruddha bhojana
14. Asatmya bhojana
15. Pramanadhikara bhojana

Vaidyatura Nimitta 8 Vyapad (Snehabasti Vyapad)

1. Ashanabhibhuta
2. Malavyamishra
3. Duranupravisto
4. Asvinnasya
5. Anushna
6. Alpabhuktavato
7. Alpa
8. Tridosha janya

Vaidyatura Nimitta 9 Vyapad

1. Ayoga
2. Atiyoga
3. Adhmana
4. Parikartika
5. Parisrava
6. Pravahika
7. Hridayopasarana
8. Angapragraha
9. Jivadana

Table showing clinical features and treatment of these Vyapada- Basti pranidhana Dosha and Basti netra Dosha

Name of vyapad	Clinical features	Treatment
Vichalita and Vivartita	Injury in guda due to netra	Treatment should be as Sadya kshata.
Atyutkshipta and Avasanna	Pain in anus	1. Pittanashak kriya 2. Sneha seka
Tiryaka pranidhana and Parshva avapidana	Basti cannot enter into the rectum properly	Proper insertion of basti
Atisthula and karkasha	Injury to guda causing pain	Treatment should be as Sadya kshata.
Netra with asanna karnika or anu bhinna netra	The basti material leaks out	Proper Netra is to be taken
Netra with prakrishta karnika	Bleeding occurs due to guda marma pidana	1. Pitta nashaka kriya 2. Pichchha basti
Netra which is hrasva(short length)or having tanu-srota(lack of wideness in channels)	Basti cannot reach its destination and returns back causing complications related to basti pratighata	Appropriate Netra should be taken.
Dirgha and maha srota netra	Features like atipidan of basti	Appropriate Netra should be taken.

Basti dosha-

Name of vyapad	Clinical features	Treatment
Prastirna, bahal,dubaddha	Basti cannot be administered properly	Appropriate putaka should be taken
Small putaka	Lesser effect or ayoga of basti	
Durbaddha, anubhinna	Features like bhinna netra	

Basti Pidana Dosha-

Name of vyapad	Clinical features	Treatment
Atiprapidana	Basti Dravya reaches to amashaya and then expelled out through mouth and nose	1. Gala pidana, avadhunana 2. Tikshna shirah and kaya virechana 3. Sheetal seka
Shanai prapidana	Basti Dravya becomes unable to reach into pakvashaya	Proper pressure should be given
Bhuyah bhuyah avapidana	1. Adhmana 2. Severe pain	Basti is indicated according to Dosha
Kalatikramana	Irritation in anus and exaggeration of disease	Basti according to vyadhi

Dravya Dosha-

Name of vyapad	Clinical features	Treatment
Apakva sneha	1. Guda upadeha 2. Shoph	1. Samshodhan basti 2. Virechan
Hinamatra	Less therapeutical effect	Pratyanika chikitsa
Atimatra	1. Anaha 2. Klama 3. Atisara	Pratyanika chikitsa
Ushna and tikshna	1. Murchchha 2. Daha 3. Atisara 4. Pitta prakopa	Pratyanika chikitsa
Mridu and sheet	1. Vata vibandha 2. Adhman	Pratyanika chikitsa
Sandra basti	Guda-basti upadeha, pravahika	Tanu basti
Tanu basti	Alpa gunaha	Sandra basti
Ati snigdha	Ati jadya	Ruksha basti
Ati ruksha	1. Stambha 2. Adhmana	Snigdha basti

Shayyadi dosha

Name of vyapad	Clinical features	Treatment
Avakshira	Vyapada like atipidana	Treatment like vyapad of atipidana
Uchchhirsha	Mehana pain	1. Swedana 2. Uttarbasti
Nyubja	Basti becomes unable to reach pakvashaya. Pain in Hridaya, payu and koshtha	Basti should not be administered. If Vayu gets aggrevated, treatment should be done accordingly
Uttana	Marga (Channels) gets occluded and basti cannot enter into body.	Give basti again
Sankuchita(Curved posture or both knee flexed posture)	Basti returns immediately	Give basti again
Upavishta(Squat position)	Basti returns immediately and hence becomes unsuccessful to nourish pakvashaya	Give basti again
Dakshin parshva shayina(Right lateral position)	Basti cannot spread to pakvashaya properly	Give basti again

Ayogadi Vaidya Nimitta Vyapad (Complications due to physician)

Name of vyapada	cause	Clinical features	Treatment
Ayoga	Due to application of sheet Dravya or alpa aushadha or hina basti	1. Vishtambha 2. Adhmana 3. Shula	Tikshna basti and virechana
Adhmana	If basti is administered in case of- } Sashesha anna } Atibhukta } Bahudoshha; atyasita or if sheetala and asneha-lavana basti is given } In high quantity } In a person with bahupurisha	Hrid-kati-parshva-prishtha shula	Tikshna basti and anuvasana
Parikartika	Pitta gets aggravated with Vayu if ati Tikshna, lavana, ushna and ruksha basti is administered.	Severe cutting pain in nabhi, basti and guda	1. Pichchha basti 2. Sneha basti processed with Madhura dravya
Parisrava	Ati amla, ati lavana and ati Tikshna basti, if administered, it causes Parisrava	1. Daurbalya 2. Angasada 3. Gudadaha 4. Discharge of Pitta	1. Pichchha basti 2. Basti processed with Kshira and ghrita
Pravahika	Tikshna niruha and anuvasana	Expulsion of Kapha and Rakta with burning sensation, pain and tenesmus	1. Pichchha basti 2. Intake of milk 3. Anuvasana with taila and sarpi processed with Madhura gana
Hridayopasarana	Ati Tikshna niruha and anuvasana if administered in aggravated Vata condition.	1. Anga pidana 2. Mada 3. Murchchha 4. Anga gaurava	Shodhana basti to eradicate all three dosha.
Angapragraha	Ruksha, mridu and alpa aushadha basti if administered to a person who is ruksha, bahu Vata yukta and duhshayita	1. Agasada 2. Stambha 3. Jrimbha 4. Udveshtana 5. Vepana 6. Parshvbheda	1. Swedana 2. Abhyanga 3. Basti
Atiyoga	If ati ushna, tkshna and bahu basti is administered to a person having alpa dosha and who is ati svedita atiyoga of basti occurs	Symptoms like ati yoga of virechana	Treatment should be similar to that of ati yoga of virechana. 1. Sheetal and sukhavaha Pichchha basti 2. Sheet upachara
Jivadana		Blood passes with stool	Rakta yukta pichchha basti in case of Jiva shonita

Sneha Basti Vyapada (Due to Vaidya and Atura)

Name of vyapada	Cause	Clinical features	Treatment
1. Vatabhibhuta sneha	If Sneha basti is administered in lesser quantity when Vayu is aggravated in the Koshtha, the basti does not return; rather it gets occluded by Vayu.	1. Mukha kashayata 2. Jrimbha 3. Vepathu 4. Vishama jwar 5. Vata vedana	Dosh shamak basti
2. Pittabhibhuta sneha	Same conditions but Pitta is aggravated in koshtha	1. Mukha- katutva 2. Daha-trishna-jwar 3. Sweda 4. Netra-mutra-anga-pitatva	Dosh shamak basti
3. Shleshmabhibhuta sneha	Same conditions but Kapha is aggravated in koshtha	1. Madurasyata 2. Gaurava 3. Chhardi 4. Sheet jwar 5. Aruchi 6. Krichchha shwas	Dosh shamak basti
Annabhibhuta sneha	If Sneha is administered to a atibhukta	1. Guru amashaya 2. Shula 3. Vayu vibandha 4. Hridpida 5. Mukha vairasya 6. Murchchha 7. Bhram 8. Aruchi	1. Apatarpana 2. Dipana
Malavrita sneha	Application of Anuvasana in non-purified body	1. Pakvashaya gaurava 2. Angasadana 3. Adhmana 4. Shwas 5. Shula	Tikshna niruha and Tikshna anuvasana
Duranusrita sneha	Sneha basti if administered in purified person (i.e., after virechana)	1. Sneha comes out through mouth 2. Upalepa in all indriya 3. Avasada 4. Smell of sneha in mouth 5. Kasa, shwas 6. Aruchi	1. Asthapana 2. Same as Atipidita basti vyapad

Asvinnasya Sneha basti vyapada	If anuvasana (Sheet and Mridu) is administered to non-purified person in little amount	<ol style="list-style-type: none"> 1. Manda Pravahana 2. Vibandha 3. Gaurava 4. Adhmana 5. Pakvashaya shula 	Asthapana and anuvasana basti
Alpa bhuktavate alpashanasya Sneha basti vyapad	If little amount of mridu anuvasana is administered after a small diet	<ol style="list-style-type: none"> 1. Klama 2. Utklesha 3. Arati 4. Sneha does not return back 	Shodhana asthapana and Sneha basti

Conclusion

Maharshi Sushruta told 76 Basti Vyapad, which are as follows- Pranidhan dosha, Netra dosha, Basti dosha, Pidana dosha, Basti Dravya dosha, Shayyadosha, Sneha vyapad, Atur nimitta.

Access this Article in Online	
	Website: www.ijcrims.com
	Subject: Ayurveda
Quick Response Code	

How to cite this article:

Suresh Govind Dahiphale, Rutuja Sanjay Nagawade. (2023). A review article on Sushrutokta Bastiviyapad. Int. J. Curr. Res. Med. Sci. 9(10): 8-14.

DOI: <http://dx.doi.org/10.22192/ijcrms.2023.09.10.003>